



NATIONAL COLLEGE OF PHARMACY

Approved by Pharmacy Council of India, AICTE, DME & Govt of Kerala
Affiliated to Kerala University of Health Sciences, Accredited by NBA

TO WHOMSOEVER IT MAY CONCERN

This is to certify that the information given in the attached documents are verified by me and is true to the best of my knowledge.

Dr. Sujith Varma.K **PRINCIPAL**
Principal National College of Pharmacy
Manassery, Kozhikode
National College of Pharmacy
Manassery, Mukkam, Kozhikode





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3.4. Extension Activities:

3.4.1. Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.

Response:

The **National College of Pharmacy (NCP)** has made a noteworthy contribution to the society and environment by participating in promoting the College-Neighborhood-Community network.

National Service Scheme (NSS):

- Major emphasis is given to student engagement, service orientation and holistic development of students contributing to good citizenship.
- Team of Faculty members from all the departments along with **NSS** unit students in various community development programs.
- It includes the organization of various events, cultural, seminars, webinars, workshops, training, awareness programs, blood donation camps, and other such programs.
- The institute has a well-established **NSS** unit which promotes the holistic development of the students by involving them in various activities.
- This leads to increased concern towards community & hospital services, healthcare and social responsibility.
- Rural India has been facing uncleanness, unhygienic conditions and malnutrition. Lack of cognizance regarding these is highly noted among the villagers.



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Major Activities Undertaken:

Celebrating the important days in a year such as AIDS awareness programs, No Smoking Day, International Yoga Day, Pharmacist Day, World Cancer Day, Blood donation camp, Health check-up camp, and in collaboration with government and non-government organizations.


The institute ensures the student's involvement in various social activities that promote citizenship roles through continuous monitoring:

- The institute has allotting faculty members who critically monitor the involvement of every student in various social activities, besides also tracking the achievement of students.
- The student council of the institute motivates the student's involvement in various activities social and events held at the institute.

The student council also finalized and monitored various social activities to be conducted throughout the year. Some of the initiatives undertaken by the institute include:

- Awareness Program on social issues like AIDS awareness, Cancer awareness, Cleanliness drive, and Eradication of superstition through rallies.
- Awareness Program about the rational use of medicine. The institute ensures the involvement of the community in its outreach activities. Many of its social outreach activities are conducted in collaboration with various government and private agencies.
- Orientation Program on various social issues.
- Medical Camp - Health Check-up. To effectively address healthcare problems within division of Mukkam Municipality, we strategically divided our students, including final year B. Pharm students, M. Pharm Pharmacy Practice students, and fourth and fifth-year Pharm. D students.




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Working in an organized environment with other individuals inculcates features like leadership skills, negotiation, communication, management of conflict etc. Such programs sensitize the student volunteers towards the social issues and take challenges of the lesser privileged sections of the society. Involvement in these extension and outreach activities the students develop critical thinking skills and time management.


Apart from the important days celebrated, for the past five years, the **National College of Pharmacy** in association with the neighborhood community conducted

- Medical camp
- World Heart Day
- World Pharmacist Day
- Awareness program on World anti-drug Day
- Workshop
- Life skill training programs
- Swachh Bharat Abhiyan and
- Azadi ka Amrit Mahotsav activities

Working outside the college campus and with diversified social groups of people allows students to gain more self-confidence, autonomy, and appreciation for others. These activities help them to become good leaders and well-mannered.

Academic Year	2022-2023	2021-2022	2020-2021	2019-2020	2018-2019
Number of Activities	13	4	0	1	2
Total Number of Events					20




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Academic Year 2022-2023

S. No.	Name of the activity	Academic Year	Organizing Agency/ Collaborating Agency	Number of Students Participated
1	Field Visit KSUM (Cyberpark) Kozhikode	2022-2023	National College of Pharmacy, Kerala Startup Mission	35
2	Field Visit NIPER Hyderabad	2022-2023	National College of Pharmacy, National Institute of Pharmaceutical Education and Research	20
3	Field Visit Apex Pharmaceutical Industry, Alathur, Tamilnadu	2022-2023	National College of Pharmacy, Apex Pharmaceuticals	20
4	Field Visit KSCSTE-Malabar Botanical Garden and Institute for Plant Sciences, Pokkunu, Kozhikode	2022-2023	National College of Pharmacy, Kerala State Council for Science, Technology and Environment	60
5	Medical Camp Health Checkup	2022-2023	National College of Pharmacy, KMCT Medical College	25
6	Medical Camp Health Checkup	2022-2023	National College of Pharmacy, Mukkam Municipality	30
7	World Down Syndrome Day Cultural Program	2022-2023	National College of Pharmacy, Pratheeksha Special School, Mukkum, Kozhikode	30
8	World Disabled day Cultural Program	2022-2023	National College of Pharmacy, Pratheeksha Special School, Mukkum, Kozhikode	25
9	World Heart day Marathon	2022-2023	National College of Pharmacy, KMCT Heart Institute	64



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10	World Pharmacist Day Pharmacist United in Action for a Healthier World	2022-2023	National College of Pharmacy, Kerala State Pharmacy Council, JDT College of Pharmacy, Kozhikode	48
11	Awareness Program Aarogya mela	2022-2023	National College of Pharmacy, Kunnamangalam High School	40
12	World Anti-Drug Day Awareness Program on Puthulahariku Oru Vote	2022-2023	National College of Pharmacy, District administration and the Nasha Mukh Bharat Abhiyan	47
13	Blood Donation Camp	2022-2023	National College of Pharmacy, MVR Cancer Centre	20



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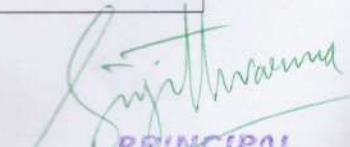
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Academic Year 2021-2022

S. No.	Name of the activity	Academic Year	Organizing Agency/ Collaborating Agency	Number of Students Participated
1	Blood Donation Camp	2021-2022	National College of Pharmacy, KMCT Medical College and Hospital	20
2	Azadi ka Amrit Mahotsav Ek Bharat Shresht Bharat	2021-2022	National College of Pharmacy, Laureate Institute of Pharmacy, Himachal Pradesh and Nirmala College of Pharmacy, Kerala	75
3	Life Skill Training Program Certificate Course	2021-2022	National College of Pharmacy, Barclays, Rubicon	20
4	Workshop Healthcare Pharma IT	2021-2022	National College of Pharmacy, IKYA global	73




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The list of extension activities is as follows:

Field Visit

Description: The E-cell members of the National College of Pharmacy visited KSUM (Cyberpark) Kozhikode on 9th May 2023. The students had a good interaction with the CEO Adish Chakyery and his team members Afsal Niyas and Abhirami. The students got to know the struggles, intricacies and joys of building and being in a start-up. They also came to know how they're growing despite being from different fields, how they're levelling up and the importance of collaboration especially when it comes to marketing and constantly. The day was facilitated and coordinated by the KMCT Group of Institutions, KMCT Innovation and Incubation Centre (KIIC) and IEDC, National College of Pharmacy. Mrs Sareena, Assistant Nodal officer accompanied students.

Photos:



Field Visit to KSUM (Cyberpark), Kozhikode



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Description: The PG students (M. Pharm) of the National College of Pharmacy visited NIPER Hyderabad on 15th February 2023. The students were given orientation sessions in basic research and visited various facilities available in the institute. Dr Vasundra Bandari, Assistant Professor, NIPER assisted the students during the visit. The students also visited the Apex Pharmaceutical Industry at Alathur, Tamilnadu on 16th February 2023. They have gained knowledge related to various regulatory requirements involved during drug manufacturing processes.

Photos:



Field Visit to NIPER & APEX Pharmaceuticals, Hyderabad



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Medical Camp

Description: The National College of Pharmacy NSS Unit conducted a medical camp in association with KMCT Medical College on 1st October 2022 in Kuruvattoor, Kerala. In this medical camp, NSS volunteers actively participated. The people checked their health in this camp.

Photo:



Medical Camp at Kuruvattoor, Kozhikode



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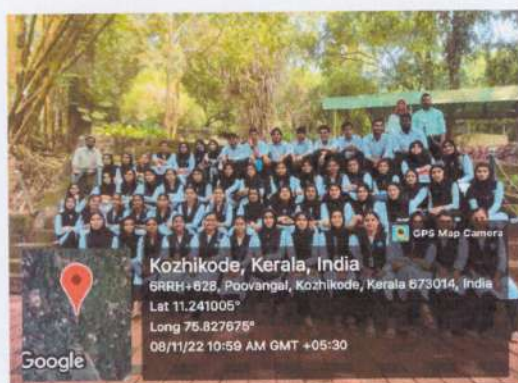


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Description: As a part of a field visit for Diploma in pharmacy students, the Department of Pharmacognosy, National College of Pharmacy, conducted a field visit to the KSCSTE-Malabar Botanical Garden and Institute for Plant Sciences, Pokkunu, Kozhikode on 8th November 2022. Students were accompanied by Assistant Professors Mrs Praseena, Mrs Naseena, Anil Kumar, and Cyril Mathews Jacob. The students were guided by Ms Aiswaraya Sreenivasan, who explained the various medicinal plants and their importance and medicinal uses. It was a great experience for the students and helped foster their knowledge about a variety of plant species.

Photos:



Field Visit to KSCSTE, Kozhikode



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Outreach Programme

Description: The Department of Pharmaceutics in association with IQAC, NSS Unit and IIC, National College of Pharmacy organized an outreach program at Pratheeksha Special School, Mukkam in connection with World Disabled Day 3rd December 2022. Students and staff interacted with the children and cultural programmes were conducted. The event was coordinated by Prof Sijo Pattam and Ms Athira A.

Photos:



Outreach Program at Pratheeksha Special School, Mampetta



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Blood Donation Camp

Description: The National College of Pharmacy NSS unit conducted a Blood donation camp in association with KMCT Medical College on 18th January 2022 in KMCT Hospital, Kerala. In this camp, students actively participated and donated blood.

Photos:



NCP BLOOD DONORS



HANAN

EVERY DONOR IS A HERO

Blood group: B+ 1st DONATION @KMCT HOSPITAL date: 18/01/2022
Save a life Give Blood Break the chain
TO DONATE BLOOD CALL US: 9846623288, 8594023320

NCP BLOOD DONORS



AMRITASREE

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Blood Donation Camp at KMCT Hospital



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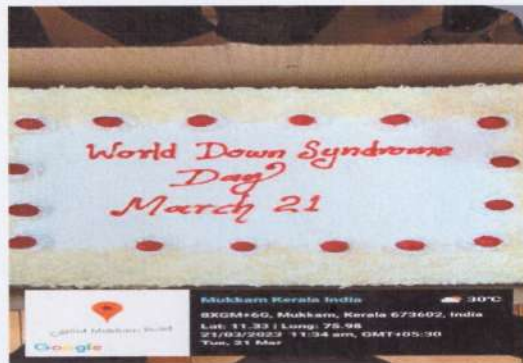
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World Down Syndrome Day

Description: On behalf of "World Down Syndrome Day" on 21st March 2023, the Department of Pharmacology, National College of Pharmacy, celebrated the cultural programs at Pratheeksha Special School, Mampetta, Mukkam, Kozhikode, Kerala. During the program, 2nd D. Pharm & 3rd Pharm. D students eagerly participated and entertained them by singing songs, dancing, mimicry, etc.,. After the cultural programs, the cake-cutting ceremony, sweets and chocolates were distributed to the school students. Coordinators of this program, Dr. S. Venkatesh and Mrs Anargaha Jeyaraj.

Photos:



World Down Syndrome Day at Pratheeksha Special School, Mampetta



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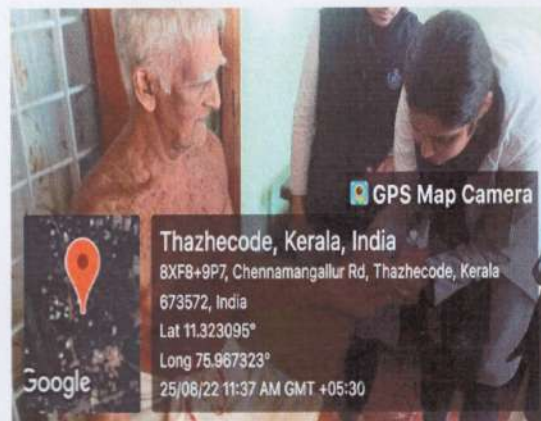
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Description:

The Family Pharmacist program at National College of Pharmacy (NCP) aims to create a symbiotic relationship between the academic institution and the local community. With an objective to enhance health awareness, improve medication adherence, health care screening and promote preventive measures. The program seeks to bridge the gap between theoretical knowledge and practical application while fostering a sense of social responsibility among students. This practice stands as a testament to NCP's commitment to experimental learning, social engagement, and fostering future pharmacists who are well-equipped to serve the holistic healthcare needs of the community. One of the significant challenges was the diverse healthcare needs of the community, where our primary focus was on lifestyle diseases and the geriatric population. Combining healthcare assistance and medication counselling to address these needs demanded training and adaptability from our student participants. Medication adherence was another critical concern, which required clear and empathetic communication to ensure patient compliance.

Photos:



Health Check-up at Thazhicode, Kozhikode



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World Heart Day

Description: The National College of Pharmacy celebrated World Heart day on the 28th and 29th of September 2022 in coordination with KMCT Heart Institute. Our students actively participated in the poster competition and marathon and 5th Semester B. Pharm students bagged the first prize in poster presentation. The event was coordinated by Ms Siji C and Ms Deepthi O, Department of Pharmaceutics, National College of Pharmacy.

Photos:



World heart day at KMCT Heart Institute



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World Pharmacist Day

Description: The National College of Pharmacy united in action for a healthier world as the theme states. Kerala State Pharmacy Council Organized the World Pharmacist Day Celebration on 26th September 2022 Monday 10 a.m. at JDT Auditorium Vellimadukunnu Kozhikode. Mr Navinlal welcomed the gathering. The program was inaugurated by Dr Bina Philip, Mr O C Navin Chand, Satheesan. T. Greetings from Dr Sujith Varma K (Principal, National College of Pharmacy), Dr Anjana John (Principal, JDT College of Pharmacy), Dr Sujith Abraham (Principal, KMCT College of Pharmacy, Dr Biju C R (Vice Principal, Devaki Amma Memorial College of Pharmacy, Dr Nishit M.C (Vice President, IPGA). The section concluded with a Vote of Thanks by Jayachandran P. (Pharmacy Inspector). Finally, a Keynote speech on “After 75 years of Pharmacy Act” by Dr. P.K. Sreekumar (Rtd. Deputy Drugs Controller & State President KPGA). Our students have attended the program and interacted with the speaker. The program was concluded at 1.30 p.m. Students of the National College of Pharmacy were awarded prizes for their cultural performances.

Photos:



World Pharmacist Day at JDT College of Pharmacy



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Awareness Program

Description: The state government organized an "Aarogya mela" program on 17th July 2022 at Kunnamangalam High School, aiming to create awareness among the public about various government health services and health schemes. Our students participated in it, counselled patients, and distributed leaflets regarding lifestyle diseases.

Photos:



'Aarogya mela' an Awareness Program at High School, Kunnamangalam



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Description: The National College of Pharmacy organized an awareness program on "PUTHULAHARIKU ORU VOTE". In connection with World Anti-Drug Day, the District administration and the Nasha Mukta Bharat Abhiyan jointly organize a 'Puthularhariku Oru Vote'-Voting. Students presented flashmobs and posters to find intoxicants in life without addictions and promote healthy habits.

Photos:



Awareness Program on 'Puthularhariku Oru Vote'



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Cultural Exchange Program

Description: The National College of Pharmacy joined the cultural exchange program with the Laureate Institute of Pharmacy, Himachal Pradesh and Nirmala College of Pharmacy, Kerala as a part of Azadi ka Amrit Mahotsav on the theme 'Ek Bharat Shresht Bharat' scheduled on 10th March at 10.00 a.m through virtual platform. Welcome and Program Brief was done by Prof (Dr) M.S. Ashawat, Principal, Laureate Institute of Pharmacy, H.P. Keynote Address was done by Dr Sujith Varma K, Principal, National College of Pharmacy, Kozhikode, Kerala and Dr. Badmabnaban R, Principal, Nirmala College of Pharmacy, Ernakulum Kerala. Mr Akhil Hari, Nodal Officer, Akam, Dr Akash Marathakam, Vice Principal, National College of Pharmacy attended the event. It was followed by Presentations/Activities by Students of the National College of Pharmacy followed by Presentations by Nirmala College of Pharmacy and Laureate Institute of Pharmacy. A vote of Thanks was delivered by Dr Preeja G. Pillai, Nirmala College of Pharmacy.

Photos:



Cultural Exchange Program on the theme 'Ek Bharat Shresht Bharat'



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Workshop

Description: A workshop on Healthcare Pharma IT has been conducted by the Training and Placement Cell, NCP in collaboration with IKYA Global on 3rd January 2022 for B. Pharm, M. Pharm and Pharm. D students. The event was inaugurated by Dr Sujith Varma K, Principal, of the National College of Pharmacy. The major topics include medical coding, clinical research, clinical data management, and Pharmacovigilance. Ms Zynab Fathima, a real-time expert, currently working in the USA as well as Mr Javed Hussain, the project in charge of IKYA global have conducted the classes.

Photos:



Workshop on Healthcare Pharma IT



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Life Skill Training Program

Description: A certificate course was conducted by Barclays, Rubicon. From 4th October to 13th October, 2021. Certificates were distributed by Dr Sujith Varma K, Principal, of the National College of Pharmacy. Mr. Vimal Mathew was the coordinator of the program.

Photo:



Life Skill Training Program – Certificate Distribution



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